

# 2021 COURSE INFORMATION FOR WORK SAFELY AT HEIGHTS

**Duration:**

8 Hours

**Max Students:**

12

**Designed for:**

Work Safely at Heights course is designed for students who could be required to undertake routine procedures involving working at height. The course is designed to expose students who work at height to a broad range of height risk situations and to correctly implement a safe working procedure. The successful student will be competent to work at height using applicable fall protective equipment.

**Pre-requisites:**

Nil

**Co-requisites:**

Nil

**Pre-entry Requirements:**

Fitness to Participate declaration, participants must be physically capable of wearing a harness and climbing a ladder safely, maintaining 3 points of contact.

Long sleeves and long pants, Appropriate safety footwear

USI

Sufficient language, literacy and numeracy skills to complete the course.

**Description:**

This unit covers working safely at heights in resources and infrastructure industries. It includes: identifying the work requirements, work procedures and instructions for the task; accessing and installing equipment; performing work at heights; and cleaning up the work area.

**Content:**

The following items are covered during the conduct of the training:

- WH&S Legislation, Height Safety Regulations, Codes Of Practice & Australian Standards
- Correct use of Height Safety Equipment
- Elevated Working Platforms & Scaffolds
- Case Studies from industry
- Risk Assessment & Hierarchy of Hazard Control
- Management & Employee responsibilities
- Fall Arrest Devices & Safety Equipment
- Safe Ladder Techniques
- Equipment Inspection & Maintenance requirements
- Setting up a fall restraint system
- Emergency Procedures including Height Rescue Procedures
- Suspension Trauma
- Developing Site Procedures & Safe Work Methods

CITB Funding SA courses only. To enrol into a CITB funded course, please contact the SA Training Coordinator on 1800 655 510 or email [training@fsaus.com.au](mailto:training@fsaus.com.au).

**Unit of Competency**

RIIWH5204D Work safely at heights

NSCA provide scheduled dates for courses in their public course schedules; these courses are subject to sufficient numbers of students wishing to undertake the training. Should a course be under subscribed the course may be deferred until it is viable to conduct the training. In this instance NSCA will contact the student enrolled to inform them and re-schedule. Dates listed on this flyer are subject to change; please refer to our website [nscs.org.au](http://nscs.org.au) for the latest public course dates.

\*No GST is applicable to the cost of this course

Nationally Recognised Training will be conducted under the authority of Fire & Safety Australia Pty Ltd (RTO Provider No: 22250)

**Bookings and Enquiries**

Visit us at [nscs.org.au](http://nscs.org.au), and at your convenience;

- Browse our entire range of public courses
- Check public course availability, locations and dates within each state
- Register online

Or to talk to us about your training requirements call 1800 655 510 or email [training@nscs.org.au](mailto:training@nscs.org.au)

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## Delivery Method:

Classroom theory via PowerPoint presentations, including audio-visual material, practical desktop activities and discussion. Practical components using height safety equipment in a range of work simulated scenarios.

### January 2021

Date	Course	Start time	Finish time	Location
Thu 28	Work Safely at Heights	8:30AM	4:30PM	Salisbury

### February 2021

Date	Course	Start time	Finish time	Location
Tue 02	Work Safely at Heights	8:00AM	4:00PM	Smithfield
Fri 05	Work Safely at Heights	8:30AM	4:30PM	Mulgrave
Wed 10	Work Safely at Heights	8:30AM	4:30PM	Derrimut
Fri 19	Work Safely at Heights	8:30AM	4:30PM	Mulgrave
Tue 23	Work Safely at Heights	8:00AM	4:00PM	Smithfield

### March 2021

Date	Course	Start time	Finish time	Location
Mon 01	Work Safely at Heights	8:30AM	4:30PM	Salisbury
Tue 09	Work Safely at Heights	8:30AM	4:30PM	Mulgrave
Mon 22	Work Safely at Heights	8:00AM	4:00PM	Smithfield
Wed 31	Work Safely at Heights	8:30AM	4:30PM	Mulgrave

### April 2021

Date	Course	Start time	Finish time	Location
Thu 01	Work Safely at Heights	8:30AM	4:30PM	Derrimut
Tue 13	Work Safely at Heights	8:00AM	4:00PM	Smithfield
Thu 15	Work Safely at Heights	8:30AM	4:30PM	Canning Vale
Tue 20	Work Safely at Heights	8:30AM	4:30PM	Wingfield
Wed 28	Work Safely at Heights	8:30AM	4:30PM	Mulgrave

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Tue 04	Work Safely at Heights	8:30AM	4:30PM	Salisbury
Fri 07	Work Safely at Heights	8:30AM	4:30PM	Salisbury
Mon 10	Work Safely at Heights	8:00AM	4:00PM	Smithfield
Fri 14	Work Safely at Heights	8:30AM	4:30PM	Mulgrave
Wed 26	Work Safely at Heights	8:30AM	4:30PM	Mulgrave
Mon 31	Work Safely at Heights	8:30AM	4:30PM	Wingfield

## June 2021

Date	Course	Start time	Finish time	Location
Thu 10	Work Safely at Heights	8:00AM	4:00PM	Smithfield
Wed 16	Work Safely at Heights	8:30AM	4:30PM	Canning Vale
Fri 25	Work Safely at Heights	8:30AM	4:30PM	Mulgrave
Wed 30	Work Safely at Heights	8:30AM	4:30PM	Derrimut

## July 2021

Date	Course	Start time	Finish time	Location
Fri 02	Work Safely at Heights	8:30AM	4:30PM	Wingfield

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