

## Work Safely at Heights

**Duration:**

8 Hours

**Max Students:**

12

**Designed for:**

Work Safely at Heights course is designed for students who could be required to undertake routine procedures involving working at height. The course is designed to expose students who work at height to a broad range of height risk situations and to correctly implement a safe working procedure. The successful student will be competent to work at height using applicable fall protective equipment.

**Pre-requisites:**

Nil

**Co-requisites:**

Nil

**Pre-entry Requirements:**

Unique Student Identifier (USI) - [www.usi.gov.au](http://www.usi.gov.au)

Fitness to participate

Language Literacy and Numeracy as required to work safely at heights in the workplace and complete workplace documentation.

Students must be physically capable of climbing a ladder safely maintaining three points of contact.

**Description:**

This unit covers working safely at heights in resources and infrastructure industries. It includes: identifying the work requirements, work procedures and instructions for the task; accessing and installing equipment; performing work at heights; and cleaning up the work area.

**Content:**

The following items are covered during the conduct of the training:

- WH&S Legislation, Height Safety Regulations, Codes Of Practice & Australian Standards
- Correct use of Height Safety Equipment
- Elevated Working Platforms & Scaffolds
- Case Studies from industry
- Risk Assessment & Hierarchy of Hazard Control
- Management & Employee responsibilities
- Fall Arrest Devices & Safety Equipment
- Safe Ladder Techniques
- Equipment Inspection & Maintenance requirements
- Setting up a fall restraint system
- Emergency Procedures including Height Rescue Procedures
- Suspension Trauma
- Developing Site Procedures & Safe Work Methods

CITB Funding SA courses only (Total cost with valid membership is \$115.00). To enrol into a CITB funded course, please contact the SA Training Coordinator on 1800 655 510 or email [training@fsaus.com.au](mailto:training@fsaus.com.au).

**Unit of Competency**

NSCA provide scheduled dates for courses in their public course schedules; these courses are subject to sufficient numbers of students wishing to undertake the training. Should a course be under subscribed the course may be deferred until it is viable to conduct the training. In this instance NSCA will contact the student enrolled to inform them and re-schedule. Dates listed on this flyer are subject to change; please refer to our website [nsc.org.au](http://nsc.org.au) for the latest public course dates.

\*No GST is applicable to the cost of this course

Nationally Recognised Training will be conducted under the authority of Fire & Safety Australia Pty Ltd (RTO Provider No: 22250)

### Bookings and Enquiries

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RIIWHS204D Work safely at heights

## Assessment:

Students learning outcomes will be assessed using practical activities designed to simulate the work environment and written questions as appropriate. Upon successful completion of the course, participants will be issued with a Statement of Attainment.

## Delivery Method:

Classroom theory via PowerPoint presentations, including audio-visual material, practical desktop activities and discussion.

Practical components using height safety equipment in a range of work simulated scenarios.

March 2018				
Date	Course	Start time	Finish time	Location
Fri 23	Work Safely at Heights	8:30AM	4:30PM	Yarrowonga
Mon 26	Work Safely at Heights	8:30AM	4:30PM	Newcastle
Mon 26	Work Safely at Heights	8:30AM	4:30PM	Newcastle
Mon 26	Work Safely at Heights	8:30AM	4:30PM	Wingfield
Thu 29	Work Safely at Heights	8:30AM	4:30PM	Mulgrave
Thu 29	Work Safely at Heights	8:30AM	4:30PM	Wetherill Park
Thu 29	Work Safely at Heights	8:30AM	4:30PM	Yarrowonga

April 2018				
Date	Course	Start time	Finish time	Location
Thu 05	Work Safely at Heights	8:30AM	4:30PM	Wetherill Park
Thu 05	Work Safely at Heights	8:30AM	4:30PM	Yarrowonga
Fri 06	Work Safely at Heights	8:30AM	4:30PM	Wingfield
Mon 09	Work Safely at Heights	8:30AM	4:30PM	Wingfield
Mon 09	Work Safely at Heights	8:30AM	4:30PM	Mulgrave
Mon 09	Work Safely at Heights	8:30AM	4:30PM	Newcastle
Mon 09	Work Safely at Heights	8:30AM	4:30PM	Newcastle
Mon 09	Work Safely at Heights	8:30AM	4:30PM	Geraldton
Tue 10	Work Safely at Heights	8:30AM	4:30PM	Wetherill Park
Wed 11	Work Safely at Heights	8:30AM	4:30PM	Burnie Function Centre
Thu 12	Work Safely at Heights	8:30AM	4:30PM	Canning Vale
Tue 17	Work Safely at Heights	8:30AM	4:30PM	Wetherill Park
Tue 17	Work Safely at Heights	8:30AM	4:30PM	Salisbury
Fri 20	Work Safely at Heights	8:30AM	4:30PM	Port Hedland
Tue 24	Work Safely at Heights	8:30AM	4:30PM	Wetherill Park
Tue 24	Work Safely at Heights	8:30AM	4:30PM	Yarrowonga
Thu 26	Work Safely at Heights	8:30AM	4:30PM	Mulgrave
Thu 26	Work Safely at Heights	8:30AM	4:30PM	Wingfield

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## May 2018

Date	Course	Start time	Finish time	Location
Tue 01	Work Safely at Heights	8:30AM	4:30PM	Wetherill Park
Tue 01	Work Safely at Heights	8:30AM	4:30PM	Yarrowonga
Tue 01	Work Safely at Heights	8:30AM	4:30PM	Wingfield
Mon 07	Work Safely at Heights	8:30AM	4:30PM	Wingfield
Mon 07	Work Safely at Heights	8:30AM	4:30PM	Newcastle
Mon 07	Work Safely at Heights	8:30AM	4:30PM	Newcastle
Thu 10	Work Safely at Heights	8:30AM	4:30PM	Newman
Thu 10	Work Safely at Heights	8:30AM	4:30PM	Wetherill Park
Tue 15	Work Safely at Heights	8:30AM	4:30PM	Mulgrave
Tue 15	Work Safely at Heights	8:30AM	4:30PM	Geraldton
Wed 16	Work Safely at Heights	8:30AM	4:30PM	Wetherill Park
Thu 17	Work Safely at Heights	8:30AM	4:30PM	Yarrowonga
Fri 18	Work Safely at Heights	8:30AM	4:30PM	Salisbury
Fri 18	Work Safely at Heights	8:30AM	4:30PM	Canning Vale
Fri 18	Work Safely at Heights	8:30AM	4:30PM	Wingfield
Wed 23	Work Safely at Heights	8:30AM	4:30PM	Wetherill Park
Wed 23	Work Safely at Heights	8:30AM	4:30PM	Launceston
Thu 24	Work Safely at Heights	8:30AM	4:30PM	Wingfield
Thu 24	Work Safely at Heights	8:30AM	4:30PM	Port Hedland
Mon 28	Work Safely at Heights	8:30AM	4:30PM	Yarrowonga
Mon 28	Work Safely at Heights	8:30AM	4:30PM	Wingfield
Wed 30	Work Safely at Heights	8:30AM	4:30PM	Wetherill Park
Thu 31	Work Safely at Heights	8:30AM	4:30PM	Mulgrave

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## June 2018

Date	Course	Start time	Finish time	Location
Mon 04	Work Safely at Heights	8:30AM	4:30PM	Newcastle
Mon 04	Work Safely at Heights	8:30AM	4:30PM	Newcastle
Mon 04	Work Safely at Heights	8:30AM	4:30PM	Yarrowonga
Wed 06	Work Safely at Heights	8:30AM	4:30PM	Mulgrave
Thu 07	Work Safely at Heights	8:30AM	4:30PM	Wetherill Park
Thu 07	Work Safely at Heights	8:30AM	4:30PM	Wingfield
Mon 11	Work Safely at Heights	8:30AM	4:30PM	Canning Vale
Mon 11	Work Safely at Heights	8:30AM	4:30PM	Salisbury
Tue 12	Work Safely at Heights	8:30AM	4:30PM	Wetherill Park
Wed 13	Work Safely at Heights	8:30AM	4:30PM	Geraldton
Mon 18	Work Safely at Heights	8:30AM	4:30PM	Hobart - Derwent Ent. Centre
Tue 19	Work Safely at Heights	8:30AM	4:30PM	Wetherill Park
Wed 20	Work Safely at Heights	8:30AM	4:30PM	Wingfield
Thu 21	Work Safely at Heights	8:30AM	4:30PM	Newman
Fri 22	Work Safely at Heights	8:30AM	4:30PM	Yarrowonga
Wed 27	Work Safely at Heights	8:30AM	4:30PM	Wetherill Park
Thu 28	Work Safely at Heights	8:30AM	4:30PM	Wingfield
Fri 29	Work Safely at Heights	8:30AM	4:30PM	Mulgrave

## July 2018

Date	Course	Start time	Finish time	Location
Wed 04	Work Safely at Heights	8:30AM	4:30PM	Port Hedland

## August 2018

Date	Course	Start time	Finish time	Location
Tue 14	Work Safely at Heights	8:30AM	4:30PM	Newman
Fri 31	Work Safely at Heights	8:30AM	4:30PM	Port Hedland

## October 2018

Date	Course	Start time	Finish time	Location
Tue 02	Work Safely at Heights	8:30AM	4:30PM	Newman
Fri 12	Work Safely at Heights	8:30AM	4:30PM	Port Hedland

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## November 2018

Date	Course	Start time	Finish time	Location
Thu 29	Work Safely at Heights	8:30AM	4:30PM	Newman

## December 2018

Date	Course	Start time	Finish time	Location
Wed 05	Work Safely at Heights	8:30AM	4:30PM	Port Hedland

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